

Patient data sharing choices

If you don't want your identifiable patient data to be shared for purposes except for your own care, you can opt-out by registering a Type 1 Opt-out or a National Data Opt-out or both. These opt-outs are different and they are explained in more detail below. Your individual care will not be affected if you opt-out using either option. Once your data has been uploaded it cannot be pulled back.

GPDP – General Practice Data for Planning and Research

Type 1 Opt-out (opting out of NHS Digital collecting your data)

The collection will start on the 1st September and you will need to register your choice at least 2 weeks prior to that – 23rd August, 2021

Your data will not be collected from the GP Practice if you have registered a Type 1 Opt-out with the practice. More information about Type 1 Opt-outs is available in the GP Data for Planning and Research Transparency Notice, [GP Data for Planning and Research Transparency Notice](#) including a form that you can complete and send to your GP practice.

If you wish to register a Type 1 Opt-out with the practice before data sharing starts with NHS Digital, this should be done by [returning this form](#) to us. If you have previously registered a Type 1 Opt-out and you would like to withdraw this, you can also use the form to do this. You can return the form to the practice or call 0300 3035678 for a form to be sent out to you.

If you register a Type 1 Opt-out after your patient data has already been shared with NHS Digital, no more of your data will be shared with NHS Digital. NHS Digital will however still hold the patient data which was shared with us before you registered the Type 1 Opt-out.

National Data Opt-out (NDOO) – (opting out of NHS Digital sharing your data)

If you do not want NHS Digital to share your identifiable patient data with anyone else for purposes beyond your own care, then you can also register a National Data Opt-out.

Data will not be collected from GP medical records if you registered a National Data Opt-out. The National Data Opt-out applies to identifiable patient data about your health, which is called confidential patient information.

NHS Digital won't share any confidential patient information about you - this includes GP data, or other data we hold, such as hospital data - with other organisations, unless there is an exemption to this.

To find out more information and how to register a National Data Opt-Out, please read the links in the document and below:-

Link to start your National Opt-out choice

<https://www.nhs.uk/your-nhs-data-matters/>

<https://digital.nhs.uk/services/national-data-opt-out>

<https://digital.nhs.uk/data-and-information/data-collections-and-data-sets/data-collections/general-practice-data-for-planning-and-research/advice-for-the-public>